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Louis Waring, Jr. Senior Center Now Open in West Ashley

Charleston, S.C.-- The official ribbon cutting and grand opening for the Louis Waring, Jr. Senior Center took place today featuring Charleston Mayor John J. Tecklenburg, members of Charleston City Council, President and CEO of Roper St. Francis Healthcare Lorraine Lutton, Louis Waring, Jr. and the Waring family.

In December, 2015, Charleston City Council named the senior center in honor of Louis Waring, Jr., a United States Navy World War II veteran who also served as the Charleston City Council member for District Seven from 1994 to 2012.

Designed by Liollio Architecture and built by Howell and Howell Contractors, Inc., the approximately 16,000 square foot facility on the campus of Bon Secours St. Francis Hospital features a fitness center, café, resource center with access to computers, exercise studio and outdoor pickleball courts. The center provides adults who are 50 years of age or older the opportunity to exercise, socialize and engage through a variety of activities and events focused on active lifestyles, well-being and growth.

Mayor Tecklenburg said, "The Louis Waring, Jr. Senior Center, named for one of our city's finest public servants, will be a truly extraordinary resource for our city and its citizens. I'd like to thank everyone involved in making this day possible, including and especially our fine partners at Roper St. Francis Healthcare, who will be providing the high quality events, classes and services our residents need and deserve."

"With the Louis Waring, Jr. Senior Center, Roper St. Francis Healthcare is replicating the success we've had at the Lowcountry Senior Center in keeping older adults engaged and active," said Lutton. "It is our honor to join forces with the City of Charleston to ensure our residents can access this beautiful space to stay active, stay young, and stay connected."

The Louis Waring, Jr. Senior Center is open Monday through Thursday from 7 a.m. to 7 p.m., Friday from 7 a.m. to 4 p.m. and Saturday from 8 a.m. to 1 p.m.

Current class offerings for March include Enhance Fitness, a group exercise class for a range of fitness levels, line dancing, art, Tai Chi, yoga, knitting, book club, calligraphy, water colors, and more.

Membership is available to anyone 50 years of age or older and provides access to a wide range of programs including annual special events, travel opportunities, health and wellness educational programs and self-management classes.

Basic Membership is \$70 per year for Charleston County residents (\$80 for out-of-county residents). This membership does not include access to the fitness center and pickleball courts.

Gold Membership, which includes access to the fitness center and pickleball courts, is \$125 per year for Charleston County residents (\$135 for out-of-county residents).

More information about registration and memberships can be found online at www.waringseniorcenter.com or in person by visiting the center.

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